

The Frostbite Tour

Ride for Dave

- Registration on the day of the ride is not recommended, but acceptable.
- T-shirts cannot be guaranteed for entries received after February 7th
- For more information, contact Barbara at < bwiedemann@mindspring.com >.

Name					
E-Mail Address					
Street Address					
City	State	Zip	Phone (H)	Phone (W)	Phone (Cell)
Emergency Contact					Contact's Phone
Indicate your participation _____ Century Rider (100mi) _____ Metric Century Rider (62mi) _____ Volunteer					
Please give us an estimate as to when to expect you at the finish:					
T-shirt Order: _____ Small _____ Medium _____ Large _____ Extra-Large _____ I prefer not to have yet another T-shirt					
Are you interested in being involved in next year's ride? _____ as a Rider _____ as a Volunteer _____ as a Sponsor					
Can we get in touch with you about upcoming events? _____ Yes _____ No					
Do you know someone we should contact about next year's ride?					
Name		E-Mail address		Phone	

WAIVER: In consideration of your allowing me to participate in this ride and related events, I, intending to be legally bound, release and discharge any and all claims for damages, death, personal injury or property damage, which I may have, or which may hereafter accrue to me, as a result in my participation in rides and events. This waiver/release is intended to discharge in advance the event organizers, the Dave Brumitt Fund, ride leaders, and participants from and against any and all liability arising out of or connected in any way with my participation in rides and events, even though that liability may arise out of negligence or carelessness on the event organizers, ride leaders, and/or participants.

I further understand that serious accidents occasionally do occur on bicycle rides and that participants occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and hold harmless the event organizers, the Dave Brumitt Fund, ride leaders, and participants who (through negligence or carelessness) might otherwise be liable to me for damages or injuries. It is further understood and agreed that this waiver, release and assumption of risk is binding on my estate, my heirs, and assigns.

Signature	Date
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Riders are asked to have at least one sponsor donate a quarter a mile or kilometer (\$25) towards their efforts. Please make checks out to "The Dave Brumitt Fund" with the rider's name in the "memo" section of the check. Bring them with you to the ride, or mail them c/o Barb Wiedemann.

- Please return completed & signed form to:

Barb Wiedemann 727 Staley Ct. Raleigh, NC 27609

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Ride for Dave

WHO IS DAVE?

Dave Brumitt (1945-2003), was many things to many people: a caring and motivational director to his employees' in the technical support division of SAS Institute, a loving and devoted husband to his wife, and a true friend to many. He cooked gourmet meals, raced cars, climbed mountains, skied with grace, biked across the state, rode a Harley about town, traveled far and wide, and talked politics with gusto. All of us were touched by his love of life, quest for knowledge, and a unique ability to face adversity with bravery and grace. In 2002, Dave was diagnosed with adenocarcinomal esophageal cancer. Very shortly before he underwent surgery to fight off this disease, Dave and his bicycling buddies went on a hundred-mile bike ride. We are riding at the same time of year and along the same route in honor of his remarkable strength and courage. Thank you for joining us.

WHAT IS GASTROESOPHAGEAL CANCER?

Every year, over 34,000 Americans are diagnosed with gastroesophageal cancer and more than 25,000 lives are lost. In particular, cases of esophageal cancer in this country are on the rise, especially for adenocarcinomas involving the part of the stomach closest to the esophageal opening (gastric cardia), and the lower esophagus. For some groups, the rate of esophageal adenocarcinoma has increased more than 350 percent between 1974 and 1994, making this one of the most rapidly rising cancers in the United States. Heartburn (gastric acid reflux or GERD) can damage the lower esophagus and cause changes that promote the development of adenocarcinomas. If you've been on medications for GERD for over five years, please talk with your doctor about getting an upper endoscopy, which is an important tool in catching this disease early. Anyone experiencing difficulties swallowing—this can be subtle, as in a move towards softer foods or a tendency to cut food into smaller pieces, for example—should see a doctor immediately. Current treatment options are not optimal. Much more research needs to be done to fight this disease. **TOGETHER WE CAN MAKE A DIFFERENCE.** Let's begin by helping to fund important scientific research. Thanks for your help.

(Two good sources for more information about gastroesophageal cancers are:

- The National Cancer Institute's website: <http://www.nci.nih.gov/> and
 - The American Cancer Society's website: <http://www.cancer.org/>).
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The Dave Brumitt Fund
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